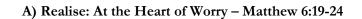


## FROM WORRY TO WORSHIP

Matthew 6:19-34 by Mr Leong Yeng Wai 22 & 23 February 2025

## Introduction



- 3 Truths about our Hearts
  - Hearts follow treasure
  - Eyes affect body
  - Only one Mammon

## B) Reflect: Antidote to Worry - Matthew 6:25-30

- 3 Ways to Unlearn & Relearn
  - Look
  - Consider
  - Faith

## C) Reset: From Worry to Worship - Matthew 6:31-34

"Your Heavenly Father knows that you need them all" (c.f. Matthew 6:8)

"But seek first his kingdom and his righteousness" (c.f. Matthew 6:10)